

Wood Walk or Trail Run

Route Grade: Moderate hike 1500m to 1700m

Duration: 2h

Length: 6 Km

Elevation gain: approx 200m

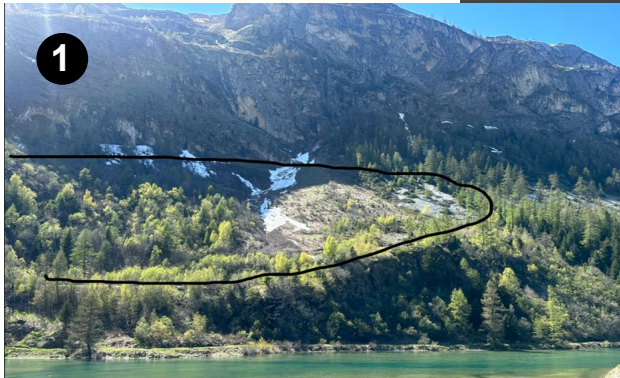
Fitness: Moderate hiking fitness

Description: This loop walk (or run) starts from the hotel and takes you part-way round the lake to the start point of the mountain trail which is signed on the left. The trail starts with a wooded section, gaining gradual elevation before opening out and offering an open trail with great views of Brevieres. You can run it or walk it and the trail loops round back into Brev' by the bridge and tennis courts.



Directions:

1. This is an overview of the walk itself. Start out left from the hotel and walk around the lake until you are almost opposite the hotel on the other side of the lake. You will pick up a signed footpath (the only one) which leads up left, from the standard walking and biking trail that goes around the lake.



Directions

continued:

2. This is the approximate start point of the trail that leads up into the woods. Pick up the sign on the left (opposite side of lake from hotel) and follow the trail up.
3. Follow the path up through wooded areas and it will naturally switch back on itself and become more open. A rocky but quite flat (not too steep) trail
4. Continue along this path with the dam now ahead of you, and you will walk above Brevieres/. The path/trail will start to descend back to the village in a big loop.
5. You can walk or run the trail and it eventually leads back down into the village where you can cross the bridge and head back to the hotel; or stop for coffee and lunch in the village, which is a nice way to end your little adventure!

